

# "It's all about reality"

## Training course



WHERE: Djakovo, Croatia

WHEN: 18. – 26. May 2022.

FOR WHO: 27 youth workers and leaders from Croatia,  
Greece, Portugal, Bulgaria, Romania, Italy, Poland, and North  
Macedonia

## INFOPACK

### About the project:

*The main reasons why we want to care about this project are laying in the facts that young people are more and more of their time spending online, scrolling social media, getting a lot of different information which they are not actually using and which are not useful for them but also at the same time getting a lot of fake information which direct them in different ways of thinking and very often by believing to those fake information and news young people lose the sense of reality and start to believe in something else which is often leading them to radicalization and moves which are not making a good impact on their personal and professional development and progress.*

*In order to prevent it and to decrease the impact of that, we decided to prepare this project in order to educate youth workers and leaders who are working with young people in their local society about the methods and tools which can be used in order to educate young people about recognition of fake news and fake information but also prevent them from addiction on social media and different online platforms that young people are spending time on and they can spend it much more useful if they just come back to reality and think about it. Also, we want to educate youth workers and leaders on how to prevent the negative impact of social media, cyberbullying which becomes very frequent and without any limits, especially between young people and on which not many people are paying attention.*

*As we started to prepare this project proposal already 6 months ago during the Covid-19 pandemic when we communicate with each other and realize how all organizations want to do something in order to prevent young people to believe in fake information and fake news as at that time internet explode with it and a lot of young people don't have any critical skills to check the resources of information, we realize that organizations don't have actually capacities to do it as youth workers also are not that much educated on that topic in order to deal with it and to act to work with young people on it. Also, we realized that our organizations have to need to increase our capacities and to start to work on that topic as it is becoming a bigger and bigger issue in nowadays society and there is not a lot of institutions, organizations, and individuals who are working on it as it's still topic which is not that much discovered but also issues which are happening to young people are still not that much recognized by the society. Exactly because of those reasons we decided to start with it, to organize this project and to educate youth workers and leaders who are working with young people to increase their key competencies, knowledge about the topic, awareness about the problems which are caused by not using critical thinking, online addictions and cyberbullying and to empower them with methods, guides and ways for work with young people who are experiencing issues caused because of misuse of social media and online platforms but also to work with young people on the topic of recognition of cyberbullying, online addiction and fake news and information.*

**Objectives of the project:**

- *provide participants with tools, methods, and guides in order to work with young people on the topic of the project*
- *empower participants and partner organizations with new knowledge, skills, and attitudes and by that increase their capacities and resources*
- *prevent addiction on social media and different online platforms*
- *prevent cyberbullying and build the way of communication with young people who experience it*
- *support socialization and interpersonal communication of young people*
- *provide participants with an opportunity to express their feelings without using emoticons but with using real emotions*
- *promote intercultural and international learning, international cooperation, and creation of more international mobility learning opportunities for young people*
- *provide young people offline ways of communication and expression of their opinions and feelings, especially in an intercultural and international environment*
- *increase capacities of partner organizations in sense of human resources and their level of education*

**The needs of our organizations are next:**

- *need for improvements and development of our key staff and persons who are involved in our activities and daily youth work*
- *raised awareness about issues with which young people are dealing because of those aspects*
- *introduction to the problems with which young people are dealing because of cyberbullying*
- *increase our capacities in order to be able to educate young people and develop their critical thinking skills*
- *get the knowledge about new methods which can be used in our youth work but also create new innovative methods which can be used by our organizations but also other organizations who want to work on this topic*
- *involve more youth workers and leaders in the facilitation of non-formal education activities and create more international mobility opportunities not just for youth workers and leaders but for young people in general*

## Profile of participants:



*Participants in this project will be youth workers, leaders, and members of partner organizations who are actively involved in activities of partner organizations and who regularly work with young people in the places they come from. Because we are thorough the preparation of this project proposal realized that there is a great need for training of people working with young people in this area whereas it will benefit them not only in these topics, but the learning outcomes will be applicable in comprehensive work with young people, we decided to educate our members who work with young people to develop a new approach, new activities, but also to create activities related to the mental health of young people, problems caused by excessive use of modern technologies, addiction to the internet and online violence.*

*As we will have 24 participants from 8 different countries this will bring a mixture of different experiences in youth work which will be beneficial for all the participants but also partner organizations and for the final results of the project. Participants will be preferably in the age group from 20-30 years old as activities are formulated for this age group in order to not have a big gap in the age range of participants so activities will not be too boring for some participants and too intensive for other participants*

*Also, from each country we are planning to have one participant with fewer opportunities as we are aware that also youth workers and leaders are very often dealing with different obstacles even they are ones who are working with young people with fewer opportunities. Exactly because of that we decided to involve them and to give them opportunity to increase their knowledge and key competences and also by that annul impact of obstacles with which they are dealing but also impact of Covid-19 pandemic which cause to all of youth workers a lot of obstacles and especially to those with fewer opportunities.*

## Main criteria for selection of participants:



- *active involvement in the activities of partner organizations and regular work with young people in local, national or international level*
- *a strong interest in the subject of the project and desire for personal and professional development in this field with the sense for empathy for young people who are dealing with fewer opportunities and awareness about working in intercultural environment*
- *high motivation for participation in all phases of the project and possibility of usage of key competences in order to make some added value as a project results but also as a personal learning outcome*
- *desire and motivation for the inclusion of young people in civil society and their involvement in activities for youth*
- *able to communicate in English language as working language is English during the project*
- *motivated young people who want to experience work in international and intercultural environment with mutual understanding and respect of differences*
- *participants who are ready to participate in all phases of the project with special accent on preparation and dissemination activities as participation in all phases of the project is one of the conditions for reimbursement and certification of participation*
- ***Covid-19: young people who have EU digital certificate or confirmation about vaccination which last at least until 30. June 2022. (for now certificate or vaccine confirmation is valid up to 270 days after the 2<sup>nd</sup> dose of any vaccine and unlimited after the 3<sup>rd</sup> dose of any vaccine)***

## Activities of the project:



*The project contains different activities in different phases of the project, preparation phase, promotion phase, main activity, dissemination phase, evaluation of the project, and also evaluation of partnership. The main activity will be the Training course “It’s all about reality” which will gather 27 participants (24 participants, 1 trainer from Greece, 1 trainer from Croatia and 1 support staff from Croatia) from 8 different countries, Croatia, Greece, Portugal, Bulgaria, Romania, Italy, Poland, and North Macedonia. The project will take place in Djakovo, Croatia from 18. till 26. May 2022. and from each country will also involve 1 participant with fewer opportunities as we want to support inclusion in all our projects regardless of the topic and concept of the project. We set up the workshops and sessions in a logical way so participants will go from theory to practice through the process of learning by doing and by that gain improvement and development of their key competencies connected with youth work.*

*Combination of all activities will ensure that participants will gain high level of improvement of their key competences related to the topic of the project but also related concretely to youth work which is important for the later stage of the project but also for personal and professional development of participants as well as of organizations involved in this project. Also, all participant will participate in dissemination activities in order to use their achievements and everything that they learned during the project in their daily youth work but also to disseminate project results in the best possible way.*



## Methodology:



- Energizers and social games
- Discussions, analysis, debates and presentations
- Simulations and role plays
- Meetings with representatives of authorities and other NGOs
- Usage and practice of gained knowledge and skills on practical examples
- Evaluation of self-assessment
- Daily reflection on individual and group level
- Planning of future cooperation
- Dissemination activities in local and national level

*As one of the goals of the project is not only to reach participants but also other young people, this project through dissemination activities and innovative approach through social media during the project with which we will involve young people from countries involved in the project but also from other countries in discussions about different topics related with the topic of the project, will make impact on wider audience of young people who will see that somebody is interested about their opinion but also that there are activities in which they can participate in order to be involved in active citizenship but also in all activities organized by partner organizations on this project. In the end, impact will be on local societies of partner organizations because by changing each young person we are changing also their peers and by changing peers we are changing small communities which by time and by regular activities and actions are making impact on society in general and this is our long term and overall objective of our projects.*

**Partners on the project:**



**CROATIA:**  
C:E:T platform Croatia  
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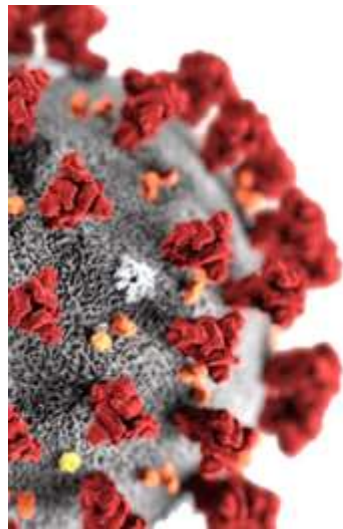
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## COVID-19 MEASURES



# COVID-19 INFORMATION AND UPDATES

All the information about Covid-19 situation in Croatia, measures which are at the moment in the power as well, all change with measures which are usually happening every 2 weeks you can find on this webpage: <https://www.koronavirus.hr/en>

Travel information and restrictions, as well all the information about the documents which you need in order to enter Croatia during the pandemic can be found here: <https://www.koronavirus.hr/o-covidu/736>

In order to enter Croatia without complications and additional procedures, before the arrival you need to fill the Enter Croatia form which you can find here: <https://entercroatia.mup.hr/>

For all participants, hosting organization will issue Invitation letter with which we will prove that you are entering Croatia in order to participate in educational project in order to not have any issue on the border and to be sure that your purpose of entering country is valid at the time of your entrance and during the project time.

For all additional information about Covid-19 measures don't hesitate to contact us on [croatia@cetplatform.org](mailto:croatia@cetplatform.org) at any moment during the project.

Before applying for the project, please also check information about returning to your country in order to be sure that you can come back home without any complications.

## HOW TO APPLY FOR PARTICIPATION?

*Each partner organization will send 3 participants, 2 male and 1 female participants or 2 female and 1 male in order to ensure gender equality during the project.*

*In order to apply for participation in this project please fill and submit application form which you can find on this link: <https://forms.gle/1KGjeHjXER264HMq8>*

*Deadline for applications is **30. March 2022.** and after this date all applicants will be informed about selection results. Selection will be done in cooperation between all partner organizations taking into consideration universal criteria which can be found in this infopack.*

**For this training course there is no participation fee required from the side of hosting organization C:E:T platform Croatia and all costs of accommodation, food and travel are covered by Erasmus+ programme.**

## VENUE AND ACCOMODATION

*Project will be hosted in Djakovo, Croatia as we like to call it Heart of Slavonia. Djakovo / Đakovo is a town in the region of Slavonia, Croatia. Djakovo is located 37 km to the southwest of Osijek and 60km west from Vukovar, also 240 km southeast of Zagreb, capital of Croatia. It have 25 000 inhabitants and its famous for the Cathedral of St. Peter and Paul, State stud farm Djakovo and festival Djakovački vezovi.*



*Participants will be accommodated in Apartments and rooms “Certissa” in Djakovo(<http://www.apartman-djakovo.com/apartman-konjarik.html>), in 1,2 and 3 beds room equipped with working desk, TV, computer\* and WIFI. Within accommodation we also have working room and restaurant is 20m from the accommodation (<https://www.pizzeriapizzano.com.hr/>). Building is located in city centre on address Ante Starcevic 43, 31400 Djakovo, Croatia.*

## HOW TO GET TO DJAKOVO, CROATIA?

- You can get to Djakovo by plane or bus via Zagreb (Airport Pleso) or via Belgrade (Airport Nikola Tesla). Schedule and prices for flights you can find here: <http://www.skyscanner.net/>
- From Zagreb airport to bus station Zagreb you can use Croatia Airlines shuttle bus for which timetable you can find here: <http://www.zagreb-airport.hr/en/passengers/to-from-the-airport/by-airport-shuttle/89>
- From Zagreb to Djakovo you need to take a bus, timetable and prices for bus you can find here: <http://voznired.akz.hr/>
- From Belgrade airport to Lasta bus station you need to take a bus Line 72 to Zeleni Venac. Timetable you can find here: [https://beg.aero/eng/parking\\_access/transport/public\\_transportation](https://beg.aero/eng/parking_access/transport/public_transportation)
- From Belgrade bus station you should take a bus to Osijek, Croatia. Timetable for this bus you can check here: [http://www.bas.rs/basweb\\_eng/RedVoznje.aspx?lng=en](http://www.bas.rs/basweb_eng/RedVoznje.aspx?lng=en)
- From Osijek to Đakovo you need to take also a bus, timetable for that bus you can find here: <https://www.arriva.com.hr/en-us/home>

**NOTE: Before buying any ticket please check your travel plan with organizers in order to be sure that you travel plan is approved and accurate.**

## TRAVEL AND REIMBURSEMENT INFORMATION

*The organizers will reimburse all your travel costs from your home city to Djakovo, Croatia. Reimbursement will be done on the bank account of partner organization from your country who will forward you the reimbursement once when organizers collect all your original tickets, boarding passes and reports from dissemination activities.*

**NOTE:** Please note if you bought your ticket in your local currency which might be different than EUR. We will calculate your travel costs according to the exchange rates from official European Commission web-site: [www.ec.europa.eu/budget/infocore/index.cfm?Language=en](http://www.ec.europa.eu/budget/infocore/index.cfm?Language=en)

**NOTE:** If you plan to travel outside the official project dates you need approval by CET Platform, first. National agency from Croatia usually approve traveling 2 days before/after the project dates but in any case in order to check and confirm it please contact us at [croatia@cetplatform.org](mailto:croatia@cetplatform.org)

**Travel costs limit for participants from Portugal is 360,00€, for participants from Greece, Bulgaria, Romania, Italy, Poland is 275,00€, for participants from North Macedonia is 180€. In case of usage of green travel, travel cost limit for participants from Greece, Bulgaria, Romania and Poland is 320,00€ and for participants from North Macedonia is 210,00€.**



Reimbursement of travel costs will only be done upon full attendance in the training programme and presentation of the original tickets with boarding passes and receipt/invoices. Also, all participants need to submit Individual report request which they will get from European Commission on their emails after activity and all participants need to organize dissemination activities and create dissemination report. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice on bank account of partner organization.

**Please do not buy your tickets before informing us about your travel plan and prices of the tickets. Once we get that information we will immediately confirm you to buy tickets. Taxi is not eligible mean of transport, however there are a few exceptions. Please contact us if taxi is the only mean of transport that you can use on some part of your travel.**

## OTHER USEFUL INFORMATION



- *There will be two Intercultural evenings. Participants are expected to create interesting, interactive and creative intercultural evening with goal to fight prejudices and stereotypes about their country/ community/ culture.*
- ***As one of the goal is to provoke and support creativity of participants, during intercultural evenings we will not use projector, Youtube videos, PowerPoint presentations etc.***
- *Bring food, drinks, tourist brochures, post cards, souvenirs and whatever you think it will help you for presenting your country in best way. Intercultural evening will be organized and open for the public if Covid-19 measures will allow it.*
- *The local currency is kuna (HRK). 1 EUR = 7.5 HRK*
- *Payment in EUR is possible somewhere, but it is illegal. Exchange office can be found everywhere, but please do not change large amounts of money in exchange offices at the airport and train/bus station, because exchange rate can be low. More information about Croatia you can find on this link: <http://croatia.hr/>.*

## ADDITIONAL QUESTIONS AND INFORMATION:

*If you need any additional information about the project, travelling to Djakovo, venue of the project, travel costs and any other info related with this project, don't hesitate to contact us on [croatia@cetplatform.org](mailto:croatia@cetplatform.org)*